Loving Touch Infant Massage Classes

BENEFITS OF INFANT MASSAGE:

- Begins a loving communication between parents and child
- Helps to strengthen and regulate the baby's primary body systems
- Reduces gas and colic and allows the baby to sleep better
- Helps the baby and parents to relax
- Increases parents confidence and handling skills
- Provides a way to develop quality interaction time between baby and parents

JOIN US FOR BOTH CLASSES OF INFANT MASSAGE ON:



Tuesday, October 21, 2014 10:00 a.m. – 11:00 a.m. and Wednesday, October 22, 2014 10:00 a.m. – 11:00 a.m.

WEST ALLIS HEALTH DEPARTMENT 7120 WEST NATIONAL AVENUE WEST ALLIS, WI 53214

* Fees will be collected at first class:

\$10.00 – West Allis-West Milwaukee residents

\$20.00 – Non-residents

- * Bring a blanket or mat for your baby to lie on—classes held sitting on floor. Dress baby in clothes that are easy to remove.
- * One baby per each adult registered. (Babies ages 0-6 months)
- * Limited class size Register early.

